

**Free Introduction
to Meditation**
Every Tuesday at 7:30 pm

Meditation Courses

- Step 1** • Energy Creates Life
- Step 2** • Relationships & Boundaries
- Step 3** • Energy in Real Life

Tuesdays - 1 7:30 pm - 9:30 pm	Mar 06 - Apr 17
Thursdays - 1.2.3 7:30 pm - 9:30 pm	Mar 08 - Apr 19
Fridays - 1.2.3 2:00 pm - 4:00 pm	Mar 09 - Apr 20
Sundays - 2 10:30 am - 12:30 pm	Mar 11 - Apr 22

Prices

\$250 in full/\$280 in installments
 Minus \$15 discount for Step 1

3-week Course for Step 1 Graduates

Returns in April

Fundraising February

Crab Dinner Saturday Feb 18
 Ask about how you can support the school
 with donations that earn you .

Special discount

Step class repeat

Ask about our prices for retaking any
 Step class. Great for anyone who has
 been away for awhile and wants to
 refresh their meditation skills.

Schedule

January & New Session

Healing Clinics

Monday Nights

7:00 pm & 7:30 pm
 Free for current students, \$10 for visitors

Weekends for free

Women's Bldg • 3543 18th Rm B
Sat • Feb 18 • Mar 17 • 2 to 4 pm
Neighborhood • 972 Valencia St
Sat • Feb 25 • Mar 24 • 2 to 4 pm

Connections • \$10

Drop-in 1-hour meditations
 For Step 1 Graduates
Mondays • after your 7:00 pm Clinic
Jan 02 to Feb 13 • Mar 05 to Apr 16

Church Services

Feb 12 • Mar 11 • 6:30 pm
Choir • Drop-in at 4:30 day of service

Free Review Step Classes

Step 1, 2 and 3 Graduates
Thurs • Mar 01 • 7:30 pm

2-Hour Readings

Student \$45 • Specialty \$60

By Appointment

Sun	10:30 am	Animal Relationship Money
Tues	7:30 pm	Spiritual Life House
Wed	7:30 pm	Career Male
Thurs	7:30 pm	Female Professional
Fri	2 & 7:30 pm	Business (\$100)

Step 3 Graduates

Free Orientation

Bring questions, review purpose and benefits, clean-out on 'reading anxiety' and 'seeing'.

Mon • Feb 27 • 7:30 pm

(7:00 Healing Clinic optional)

Clairvoyant Training Program

Apply and direct energy concepts to everyday life. Connections are made between one's inner and outer life through practice and experience. Students learn the principles of neutrality, acceptance, enthusiasm and compassion. **\$3420 in full or \$190 per month - 18 months**
Begins Monday Mar 05 • 6:30 pm to 10:00 pm
Revs. Tim Michaels, Judy Tergis and Laura Hopper

3-week Course • \$120

Returns in April

1-Day Workshop • \$50

Create with your Own Information

From the moment you are inspired to create and then bring this initial idea into realization, what are the limitations you put on yourself? What or whose information to do you act on? In this workshop we will look at how to create with your own information and anything which prevents you from doing so.

Saturday • Mar 03 • 10:30 am - 12:30 pm

Rev. Philippe Jestin

7-Week Course • \$280/250

How Your Patterns Affect Your Life

Look at your patterns – what they are, what they do to you, why they started, whether or not they're in present time. How do they affect you? What causes them to stay stuck?

Create permission for change and a process to separate from and complete old patterns which are no longer useful or even harmful to you. Complete past time agreements and create new ones in present time.

Fridays • Mar 09 to Apr 20 • 7:30 - 9:30 pm

Rev. Tim Michaels

Many workshops, courses, services and readings are available by phone.

Clairvoyant Graduates

1-Day Workshop • \$50

Energy Level of Drugs, Alcohol and Food

Look at the different energy levels and spirit guides connected with medications and other drugs, alcohol and food. It's fascinating to see how these different vibrations affect our bodies and energy systems. We will do a good clean-out, make separations from medical procedures and personnel, and explore setting and matching some of the healing vibrations we've examined.

Sunday • Mar 04 • 10:30 am - 12:30 pm

Rev. Michelle Comeau

7-Week Course • \$280/250

Love and Resentments

Sometimes we feel imprisoned by our resentments. They are sticky, energy draining parasites that distract you from your own spiritual connection. You may spend so much energy and time dealing with them that you have none left to heal yourself. The good news is that you can exterminate the parasites if you strengthen your attention muscle and focus on your intention to be healed. I freed myself from those pesky parasites 12 years ago, using a wide range of insights and lots of prayer.

It is worth the effort because your reward is your own spiritual connection to the unconditional love just on the other side of those resentments.

Tuesdays • Mar 06 to April 17 • 7:30 - 9:30 pm

Rev. Judy Tergis

Cleanout begins 1/2 hours early

CT Graduate Meditations

Drop-in Tuesdays • 7 pm - 9 pm

Apprenticeship

3 months • \$375/125 per month

Teacher in Training

6 month minimum • \$900/150 per month